

CONNECT

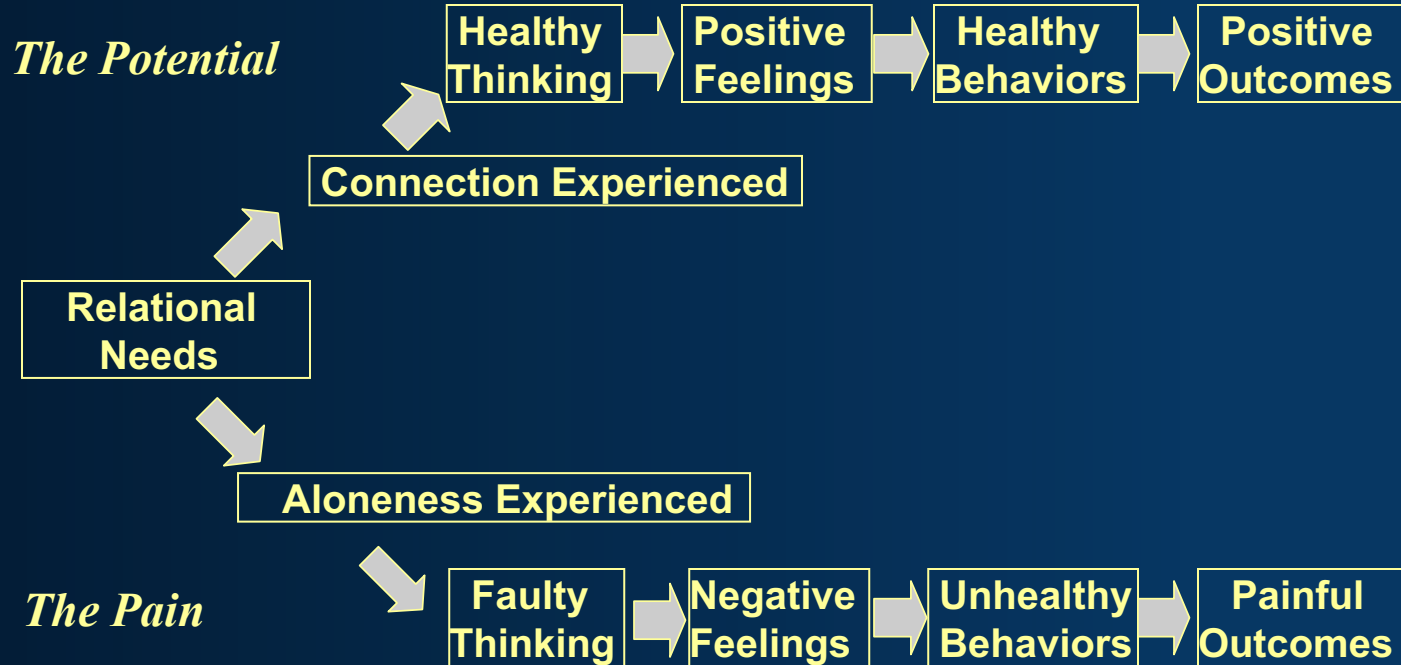
*relating wholeheartedly*



|  |   |  |
|--|---|--|
| <p><i>"I delight in you"</i></p>                                       | <p>touch.<br/>» Sharing words of devotion and commitment.</p>   | <p>» Disconnected    » Distant</p>   |
| <p><b>Appreciation</b><br/><i>"I am grateful for what you did"</i></p> | <p>» Expressing thanks, praise or commendation.<br/>» Recognizing accomplishment or efforts made.</p>   | <p>» Unappreciated    » Jealous<br/>» Isolated        » Worthless<br/>» Unwanted</p>                     |
| <p><b>Approval (Blessing)</b><br/><i>"I like who you are!"</i></p>     | <p>» Building up or affirming another for who they are.<br/>» Expressing the fact and the importance of a relationship.</p>   | <p>» Worthless        » Judged<br/>» Unsafe in a relationship    » Insecure</p>                          |
| <p><b>Attention</b><br/><i>"I know you and care about you"</i></p>     | <p>» Entering into a person's world.<br/>» Taking a genuine interest in their life, uniqueness and concerns.<br/>» Being mindful of another.</p>                      | <p>» Desperate        » Lonely<br/>» Disconnected    » Frustrated</p>                                    |
| <p><b>Comfort</b><br/><i>"I join you in your pain"</i></p>             | <p>» Responding to a hurting person with words, feelings and touch.<br/>» Hurting with and for another's grief or pain.<br/>» Empathizing deeply with another.</p>    | <p>» Bitter            » Confused<br/>» Discouraged    » Grieving<br/>» Depressed       » Gloomy</p>     |
| <p><b>Encouragement</b><br/><i>"You can do it"</i></p>                 | <p>» Urging another to persist and persevere toward a goal.<br/>» Stimulating someone toward love and good deeds.<br/>» Bringing words of hope to a weary person.</p> | <p>» Despairing       » Isolated<br/>» Weary            » Discouraged<br/>» Hopeless        » Sullen</p> |
| <p><b>Respect</b><br/><i>"I value your personhood"</i></p>             | <p>» Valuing and regarding one another highly.<br/>» Treating one another as important.<br/>» Honoring one another.</p>   | <p>» Valueless        » Unwanted<br/>» Unimportant    » Angry</p>  |
| <p><b>Security (Peace)</b><br/><i>"I will help you feel safe"</i></p>  | <p>» Relational harmony is present, even in conflict.<br/>» Sense of trust and safety.<br/>» Providing freedom from fear, harm or loss of relationship.</p>           | <p>» Anxious         » Uncertain<br/>» Distrustful      » Worrisome</p>                                  |
| <p><b>Support</b><br/><i>"I will help you with your burdens"</i></p>   | <p>» Coming alongside and helping with problems or struggles.<br/>» Providing appropriate assistance.</p>   | <p>» Weary            » Abandoned<br/>» Desperate       » Stressed<br/>» Frustrated</p>                  |

# of relational

## Needs



# RELATIONAL NEEDS GLOSSARY

| RELATIONAL NEED  | DEFINITION   | EMOTION EXAMPLES                                 |   |
|--|--|--|---|
| <b>Acceptance</b><br><i>"Our relationship is safe"</i>         | » Unconditionally accepting someone as a person regardless of behavior or performance.<br>» Safety and commitment in spite of differences or failures.       | » Judged<br>» Offended<br>» Insecure<br>» Afraid | » Need to prove something               |
| <b>Affection</b><br><i>"I delight in you"</i>                  | » Expressing love, care and closeness through physical touch.<br>» Sharing words of devotion and commitment.   | » Undesirable<br>» Disconnected                  | » Unsafe<br>» Distant                   |
| <b>Appreciation</b><br><i>"I am grateful for what you did"</i> | » Expressing thanks, praise or commendation.<br>» Recognizing accomplishment or efforts made.  | » Unappreciated<br>» Isolated<br>» Unwanted      | » Jealous<br>» Worthless                |
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# Soul Care



CONNECT

*soul care*





"Guard your heart above all else,  
for it determines the course of  
your life."

Proverbs 4:23 (NLT)

## Jeremiah 17:9–10 (The Message)

<sup>9</sup> “The heart is hopelessly dark and deceitful, a puzzle that no one can figure out. <sup>10</sup> But I, GOD, search the heart and examine the mind. I get to the heart of the human. I get to the root of things. I treat them as they really are, not as they pretend to be.”



# Heart Verses: God's Heart

After He had removed him, He raised up David to be their king, concerning whom He also testified and said, 'I HAVE FOUND DAVID the son of Jesse, A MAN AFTER MY HEART, who will do all My will.'

Acts 13:22

# Heart

Purely Emotional

Deceit

Broken/sinful

Feeling

# Innermost Being

Beliefs

Values

Convictions

Motivations

Core Person

Passions

Purely  
Cognitive

Deceit

Broken/sinful

Information

# Mind

# Definition of “mind” in Rom 12 Transformation

**3563 νοῦς** [24 occurrences; “mind” 21 times, and “understanding” three times. **1** the mind, comprising alike **the faculties of perceiving and understanding** and those of **feeling, judging, determining**. 1A the intellectual faculty, the understanding. 1B reason in the narrower sense, as the capacity for spiritual truth, **the higher powers of the soul**, the faculty of **perceiving divine things**, **2** a particular mode of thinking and judging, i.e **thoughts, feelings, purposes, desires**.

# Heart Verses: Our Heart

A close-up photograph of a person's hand, palm up, holding a tangled string of warm white LED lights. The lights are glowing and casting a soft, warm light on the hand. The background is a solid, light blue color. The overall mood is gentle and hopeful.

"For the eyes of the LORD move to and fro throughout the earth that He may strongly support those whose heart is completely His.

Psalm 139:23–24 (ESV) Search me, O God, and know my heart! Try me and know my thoughts! And see if there be any grievous way in me, and lead me in the way everlasting!

Proverbs 20:27 (ESV) The spirit of man is the lamp of the LORD, searching all his innermost parts.

Psalm 51:6 (ESV) Behold, you delight in truth in the inward being, and you teach me wisdom in the secret heart.

**God has a heart** and is impressed with those who are after His heart. David was such a man.

We also can give our heart to God. His eyes move to and fro to find a person to support.

# Testimony of God's Heart

"I love my Children, and I am glad to free them from suffering; but the primary, most important purpose of all this emotional healing stuff is to remove the blockages that are between your heart and me. The primary, most important purpose of emotional healing is to remove the blockages that hinder your heart from coming to me"

# How Does the Heart Work?

Imagine trying to operate your computer with two or more operating systems running at the same time.

This, in some ways, happens to us. The Bible calls it being double minded -- unstable in all its ways (James 1:8)

# How Does the Heart Work?

The heart is the repository of our beliefs -- either good or bad. We have the capacity to own conflicting beliefs which leads to difficulties functioning properly. Our beliefs come from experience, imprinting, God's Word, Satan's lies, etc. We can memorize God's Word and force ourselves to act on it. Yet if there is an underlying conflicting belief, we will in times of stress default to the underlying heart held belief.

# How Does the Heart Work?

-Heart held truth usually results in pleasant emotions. (Gal. 5.22)

> Heart held lies usually result in unpleasant emotions (fear, shame, inferiority, etc.).

> Heart held truth can also lead to unpleasant emotions (sadness, grief, etc.).

This is handled differently.



Quieting /Connecting (Contemplative)

vs.

Cognitive (Meditative)

It takes a  
lot of  
energy...



Use both rails!



Cognitive /  
Disciplines

Religion

Spiritually &  
Emotionally Mature

Carnal &  
Immature

Philosophy/  
Mysticism

Contemplative (positioning) – God does something to us



Driver door



N



CHECK ENGINE CATALYST  
L R L R

AIR BAG

4WD

ABS

SPORT

Passenger air bags OFF

Hill Start Assist

Low Fuel

Low Oil

Low Tire Pressure

Low Brake Fluid

Low Washer Fluid

Low Coolant

Low Battery

Low Voltage

Low Air Pressure

Low Tire Pressure

Low Brake Fluid

Low Washer Fluid

Low Coolant

Low Battery

Low Voltage

Low Air Pressure

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Low Air Pressure

Low Tire Pressure

Low Brake Fluid

Low Washer Fluid

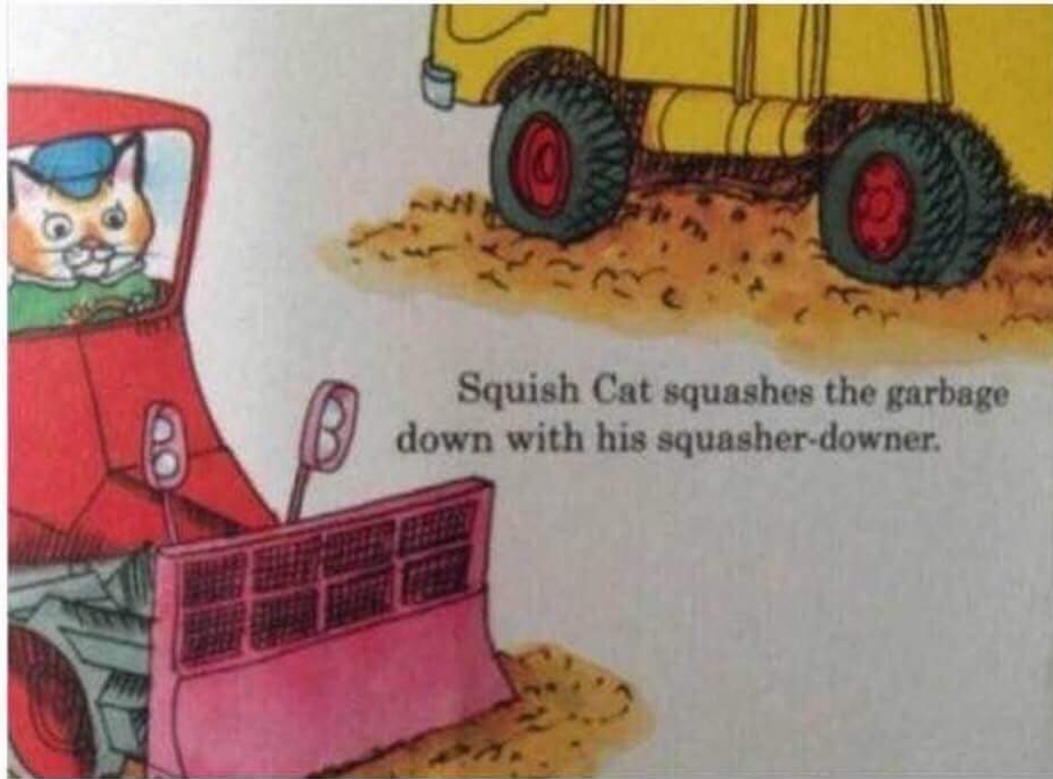
Low Coolant

Low Battery

Low Voltage

Low Air Pressure

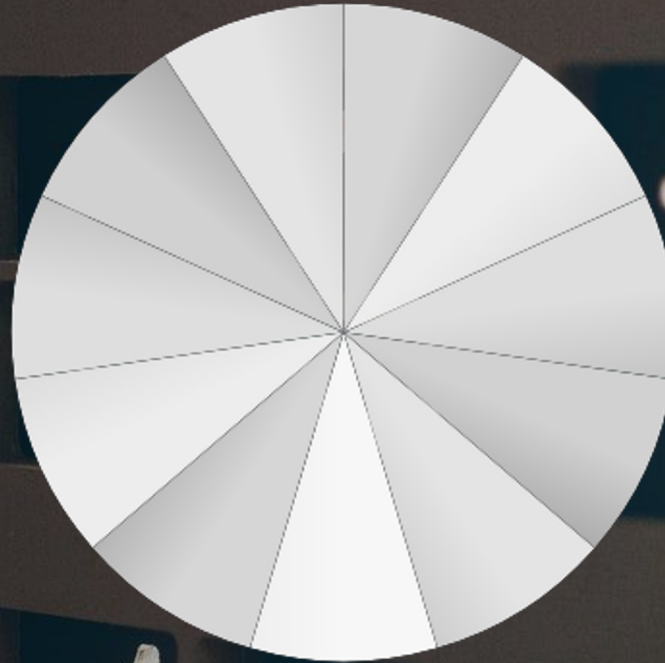
# Me describing how I handle my feelings



Squish Cat squashes the garbage  
down with his squasher-downer.

# What Place Should Heart Ministry Play In My Life?

Life Slices



- Read God's Word
- Evangelism
- Giving
- Prayer
- Disciple making
- Quiet times
- Fellowship
- Teachings
- Heart health
- Breaking bread
- Serving

# Quieting / Connecting

## (Contemplative) Examples

Seeking Comfort From God

Waiting/Listening

Steps to Freedom

Transformational Prayer



# Healthy Christians



# What Hinders Heart Ministry?

There is a learning curve

This is not a quick fix, but a life process

It can be painful and raw at first

It needs to be in a grace environment

Some people do not like to go under the surface, they may be content with their issues.

# Investments

## Attendance

Commitment to grow in Oneness

## Memory/Reflection Passages

Isaiah 61, 2 Corinthians 1:3-7, Romans 2:4

## Steps to Freedom

Neil Anderson

## Personal time for reflection

Invest in daily rhythm of seeking  
communion,

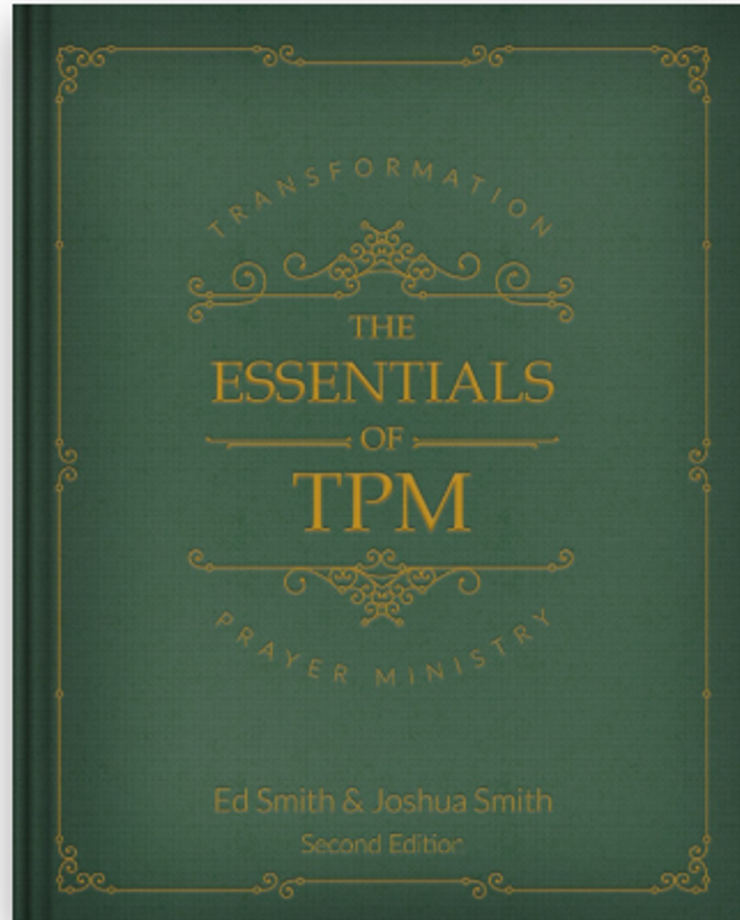
connection and harmony with God and His  
purposes

## Practicing Authentic Communication

Prayer Ladder

## Confidentiality





Ed M. Smith





# TPM- What it is

A biblically based construct (system) to address our faulty belief systems

A Contemplative exercise focusing on letting God transform us through truth and connection

**Truth is a person.**

Because it is those things, it can also be a foundational piece of our spiritual maturation.



# TPM – What it is not

The one size fits all answer to every issue that disciples may encounter

Some mystical new way to spirituality



# Four Elements of Ministry

Presenting emotion

Memory event or events

Identify false beliefs

Truth from God

# Ed M. Smith



Emotional pain in memories comes not from what happened, but from what was believed in that experience.

It is not always enough for the counselor to give truth. There are some things only Jesus can do. Transformational Prayer is experiencing and owning the pain, uncovering the belief, and inviting Christ to bring His truth.

# So How does Transformational Prayer work?

A person notices an emotional pain

They feel the pain, and watch for an associated memory

They consider the memory

They ask why do I feel this way?

The thought is usually the belief held in the heart.

This belief may appear irrational

You submit this to the Lord for His truth-He speaks

You test the belief by asking if it stills feels true.

Usually God will give a new understanding, erasing the old belief

Sometimes we run into problems in the process.....



Follow the  
smoke to the fire

## CONNECTION

- Do you perceive Jesus close to you?  
REVELATION 3, EPHESIANS 3

## EMOTION

- How does that make you feel right now?
- What comes to mind as you focus on what you are feeling?

## MEMORY

- How does that make you feel?
- Why do you feel that way? **OR**  
What does that say about you?
- Why does believing \_\_\_\_\_  
make you feel \_\_\_\_\_?

## BELIEF

- Not that it is true, but does it feel true that  
\_\_\_\_\_ (BELIEF) \_\_\_\_\_?

## ANGER

- Is any portion of what you are feeling being felt towards any person or any thing?
- Who or what do you feel angry towards?

Towards anyone or anything  
**OTHER THAN GOD**

## SOLUTION

- Do you sense any resistance or hesitancy, in any part of you, at the thought of \_\_\_\_\_?
- What do you believe would happen if you were to  
(WHAT THEY ARE RESISTANT  
OR HESITANT IN DOING) \_\_\_\_\_?
- So, then, the reason for  
(THE BEHAVIOR) \_\_\_\_\_ is what?

Towards  
**GOD**

Why do you feel angry towards God?

Why does **that** make you feel angry at God?



## TRUTH

- Do you perceive Jesus close to you?
- May we present that belief to the Lord?
- Lord, what do you want \_\_\_\_\_ (MENTEE) \_\_\_\_\_ to know?

## TRANSFORMATION

- Does it still feel true that \_\_\_\_\_ (BELIEF) \_\_\_\_\_ ?

## RESPONSE

- Repent
- Rejoice
- Receive comfort

## LOST OR UNSURE

- What's going on right now?



Modified from Map Ver: 03042019

[www.transformationprayer.org](http://www.transformationprayer.org)

# Means

Learn the contemplative Process of Transformational Prayer

Become more aware of, and sensitive to our shaping belief systems

Pay attention to and identify negative emotions

Become ever more convinced of God's desire to Heal, transform and sanctify us into the Image of Jesus.

Bring faith to His promises

# Attunement

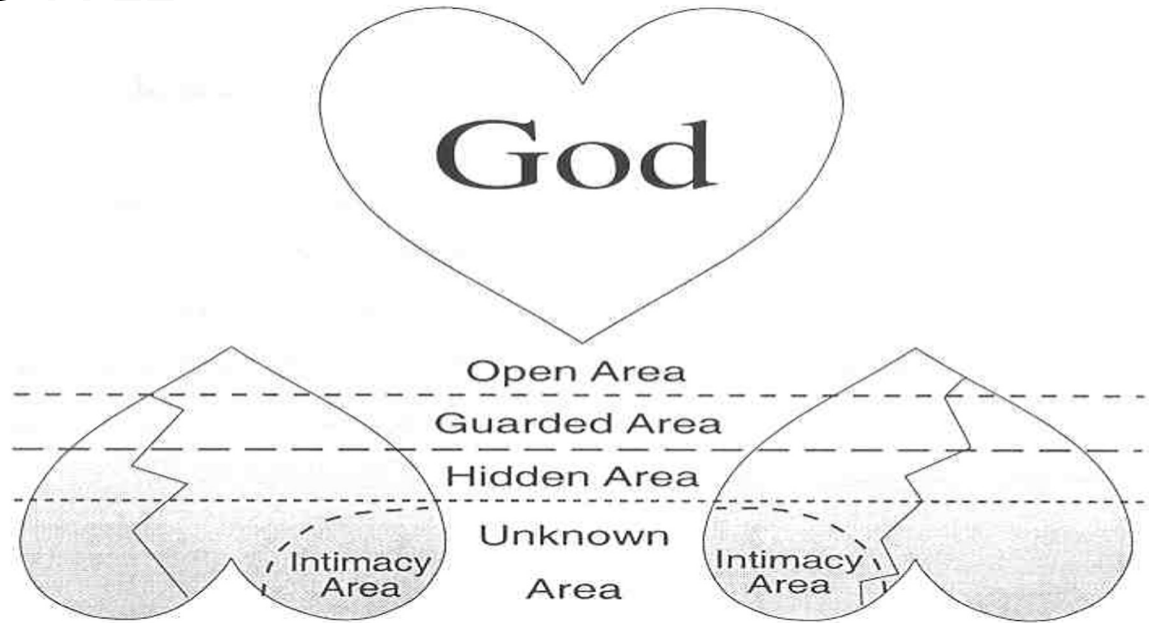
| Offered   | ...Received                               |
|---|---|
| I see you                                       | ...You feel seen                          |
| I hear you                                      | ...You feel heard                         |
| I correctly understand your internal experience | ...You feel understood                    |
| I join you in your emotion                      | ...You feel I am with you                 |
| I genuinely care about you                      | ...You feel that I care about you         |
| I am glad to be with you                        | ...You feel that I am glad to be with you |

END



# Upside Down

# Hearts



# Psalm 139:23–24

(ESV)

*"Search me, O God, and know my heart! Try me and know my thoughts! And see if there be any grievous way in me, and lead me in the way everlasting!"*

# Psalm 43:3-4 (ESV)

*"Send out your light and your truth; let them lead me; let them bring me to your holy hill and to your dwelling! Then I will go to the altar of God, to God my exceeding joy, and I will praise you with the lyre, O God, my God."*

# Goal!

Become/Continue as a disciple  
"With, Like, For" –  
Journey of subjecting all of life, (*thoughts, beliefs and attitudes as well agendas and actions*) to the rule and reign of Jesus Christ



Goal!

To Journey toward Christ likeness

To be a resource to help others toward Christ  
likeness

# "Heart Ministry"



What is TPM?

Why do we "need" it?

How will it benefit the Kingdom?

Testimony & Example

Q & A

A close-up photograph of two hands holding two puzzle pieces. The piece on the left is white and the piece on the right is blue. They are being held together but do not match, illustrating the concept of false beliefs. The background is a bright blue sky with soft white clouds.

False beliefs will  
match the emotion

# Mind Renewal

All mind renewal deals with the past. By definition it is changing a past pattern of thinking or past belief system.

**ἀνακαίνωσις:** 1 a renewal, renovation, complete change for the better.

Romans 12:2; Ephesians 4:22-24

## Healing or Repentance

# Comfort

God can comfort us and desires to comfort us in our affliction, implying that He can and will bring comfort concerning past affliction.

2 Corinthians 1:5-7

# Genuine

# Faith

Viewing significant life experiences, disappointments, traumas, etc. from God's perspective is important for wholehearted faith in and worship of God.

Elijah in 2 Kings 18-19

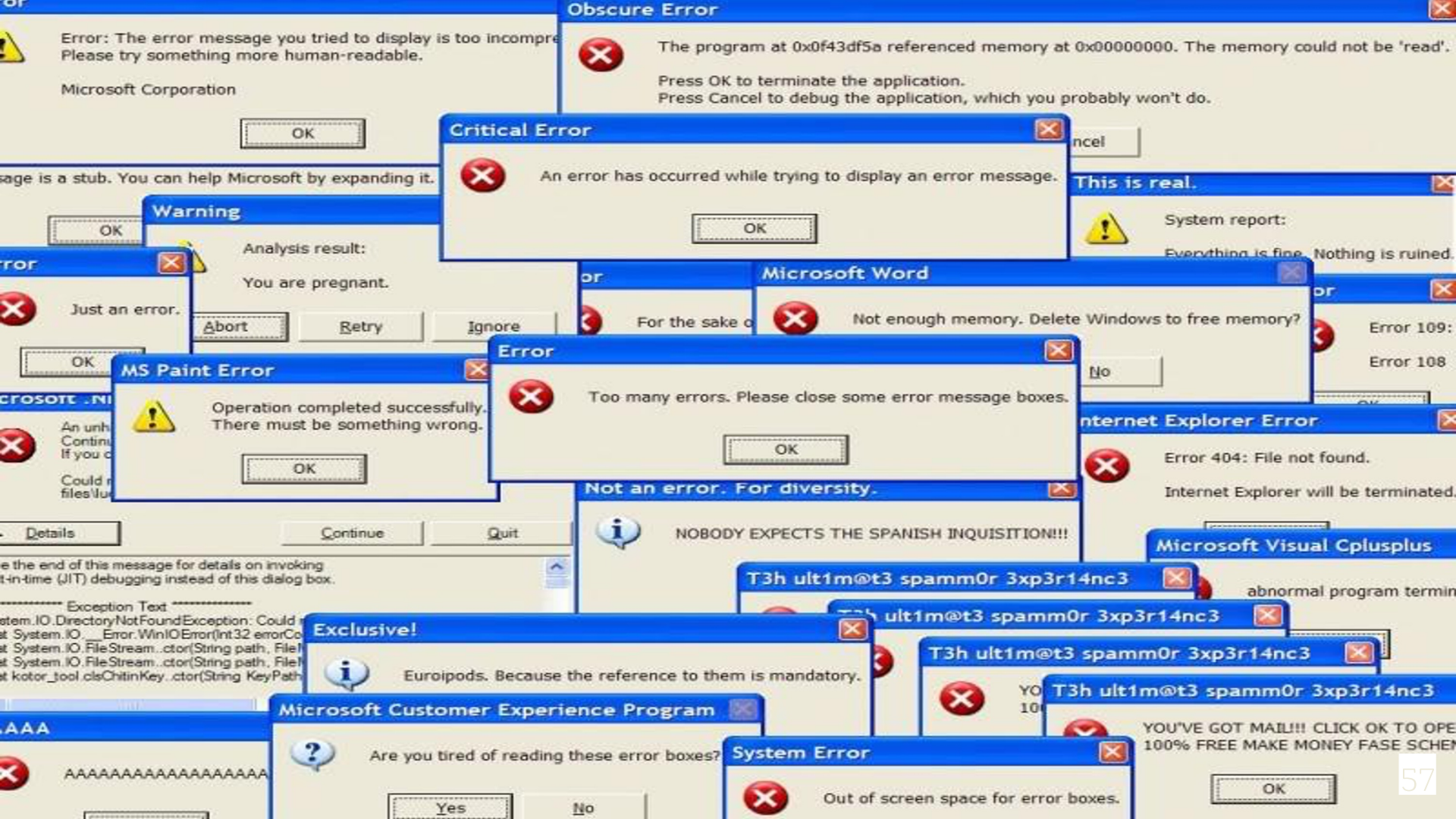
# Christ in you, Christ with You!

We should seek to have Christ dwell and be at home in every part of our heart and to comprehend in our inner being the greatness of the love of God.

Ephesians 1:18-19, 3:17-19

# Possible Outcomes

- 1- Helpful Contemplative tool to experience God's Healing and truth.  
Deal with your Stuff.  
Desire & Willingness to do so is a prerequisite for taking the class
- 2- Tool to help other disciples be freed from ensnaring belief systems  
Helpful discipleship tool
- 3- Ministry focus to a local body or larger body  
Larger regular ministry



Error: The error message you tried to display is too incompre... Please try something more human-readable.

Microsoft Corporation

OK

Obscure Error



The program at 0x0f43df5a referenced memory at 0x00000000. The memory could not be 'read'.

Press OK to terminate the application.

Press Cancel to debug the application, which you probably won't do.

Cancel

Critical Error



An error has occurred while trying to display an error message.

OK

This is real.



System report:

Everything is fine. Nothing is ruined.

Warning

Analysis result:

You are pregnant.

OK

Error



Just an error.

Abort

Retry

Ignore

OK

Microsoft Word



For the sake of



Not enough memory. Delete Windows to free memory?

Error 109:

Error 108

No

MS Paint Error



Operation completed successfully. There must be something wrong.

OK

Error



Too many errors. Please close some error message boxes.

OK

MICROSOFT .NET



An unhandled exception occurred. If you continue, your application may become unstable. If you close this message box, you may be unable to use the application until the problem is fixed. Details: System.IO.FileNotFoundException: Could not find file 'lu...'

Details

Continue

Quit

Not an error. For diversity.



NOBODY EXPECTS THE SPANISH INQUISITION!!!



Error 404: File not found.

Internet Explorer will be terminated.



Microsoft Visual Cplusplus

abnormal program termin

Exclusive!



Euroipods. Because the reference to them is mandatory.



T3h ult1m@t3 spamm0r 3xp3r14nc3



T3h ult1m@t3 spamm0r 3xp3r14nc3

T3h ult1m@t3 spamm0r 3xp3r14nc3



T3h ult1m@t3 spamm0r 3xp3r14nc3



AAA



AAAAAAAAAAAAAAAAAAAA



Are you tired of reading these error boxes?

Yes

No

System Error



Out of screen space for error boxes.

OK

YOU'VE GOT MAIL!!! CLICK OK TO OPEN

100% FREE MAKE MONEY FASE SCHEM

# Attunement

When there is an attunement connection between them, vulnerable individuals, such as children, can temporarily share the neurological, emotional, and spiritual resources of stronger individuals

Most traumatic memories will include the absence of attunement

— Karl Lehman

# Attunement

Caregivers must deal with their own wounding so that they can be strong and empathetic when attuning with others  
Attuning with Jesus provides infinite strength and compassion

# Dissociation

A psychological mechanism in which the mind splits off certain aspects of a traumatic event from conscious awareness.

Dissociation can affect the patient's memory, sense of reality, and sense of identity.

— Gale Encyclopedia of Medicine

# Possible Sources of Information

The counselor

The Mind/Heart

The devil

The Lord

# 1) Model Prayer for Exposure

Asking God to search our hearts and reveal hidden deceit and improper motives is exemplified in scripture and viewed as helpful.

Psalm 139:23-24; Proverbs 20:27

Psalm 51:6

